

Minutes ORC Committee Meeting – 4 October 2021 @ 8:00pm

Attendees:

Sarah Marvin - Chair
Jacqueline Shields – Secretary
Wendy Walters - Treasurer
Rob Richards – Head Coach
Anne Binns – Safeguarding Officer

1. Apologies
Rob Hicks, Jo Page.
2. Minutes from last meeting of 26 July 2021
Accepted.
3. Matters arising
Change of signatory forms still to be finalised. WW to go to bank to discuss – Update:
Change of Resolution form needed and will be sent to us
4. Safeguarding policy
England Athletics have published a new Safeguarding Policy. AB has updated ours to follow the guidelines. Names of welfare officers to be published and displayed. Review is every 3 years.
Male welfare officer undertaking training to support.
5. OCRA Pavilion usage
Currently meeting outside on a Tuesday and the facilities are open. Closed on a Thursday.
We will likely move upstairs with the darker evenings or when the weather is bad, they hope to have bar manager shortly to facilitate this. Charges to be agreed.
6. OCRA Community Event
Weekend of 22-24 October in partnership with Okehampton College, Everything Okehampton and the Mayor of West Devon to showcase the opportunities that are available to engage in within our town.
Rob Hicks on behalf of the Juniors is running a family sport's day style hour of activities from 3-4pm on the Sunday. Help requested for him from club members. JS to ask what help is required.
7. Age related performance awards
The current spreadsheet has been in use since the club was set up and over the years has got corrupted. RR helped to revise it and updated the world ranking times. It was suggested we now use a WMA endorsed version of 2010 or 2015.
SM to let membership know it is being changed and that the awards will be updated accordingly.
8. Coaching and attendance since start up

Tuesday runs have been well attended. The first Thursday interval training taster session on 16 September had a good turnout, the following Thursdays have not been quite so good, so groups merged.

More coaches are needed; however, you don't need to be a coach to lead a run.

SM will look into doing the training programme.

9. Constitution and Safeguarding policy

Was covered in matters arising, to go on Agenda for next meeting.

10. Run in the Park

No updates.

11. Couch to 5k

Going well with 10 new members undertaking the programme.

12. Fell Races

The committee would like to thank Hugh Robinson for all his hard work during his time as Race Director. It was agreed SM would purchase a voucher from HTP Running Man in Bude and send a note of thanks.

The position of Race Director needs to be filled and race licenses applied for, this does not have to be a committee position.

AB agreed to look into the ballot places for the London marathon 2022 – we had 2 in 2021 (postponed from 2020).

13. Banking signatories

Covered in matters arising.

14. EA Registration fees

Rising to £16 for 2022/23. Membership fees were going to be increased pre Covid and have been running at a reduced level during the pandemic. Pricing structure for next year to be decided.

15. AOB

The committee have been approached regarding helping with Sampford Courtenay cross country 10k. RR to ask for more information and what help they would require from ORC.

Following the success of the whole club coaching session RR suggested more club sessions on this format. The hockey pitch was available for hire (1/3 off). It was agreed to try 1 session per month for Nov and Dec in the first instance to see how it goes, RR to book.

Next meeting Monday 6 December at 8pm.

Meeting closed 9:20