

OKEHAMPTON RUNNING CLUB - MALE RECORDS

	1 MILE	5 Km	5 Mile	10 Km	7 Mile	10 Mile	Half Marathon	20 Mile	Marathon
OVERALL	Will Lamerton 04:30 Okehampton TT 27/08/2015	Tom Gill 16:14 Okehampton TT 04/06/2009	Peter Devenport 28:21 Fulford Five 05/02/2017	Rob Kelly 35:38 Exeter 24/02/2019	Tom Gill 40:20 Tavy 7 08/11/2009	Brennan Townshend 57:22 Templar Ten 05/11/2017	Andy Vallance 1:16:46 Exeter 15/02/2015	Andy Vallance 2:01:56 Granite Way 20 15/03/2015	Matt Pitson 2:42:51 London 23/04/2017
UNDER 18	Will Lamerton 04:30 Okehampton TT 27/08/2015	Tom Gill 16:14 Okehampton TT 04/06/2009		George Speak 36:28 First Chance 03/01/2010	Tom Gill 40:20 Tavy 7 08/11/2009	Nick Seccombe 1:13:40 Bicton Blister 28/11/2010	Nick Seccombe 1:27:52 Tavy13 15/04/2012		
SENIOR	Tom Gill 04:35 Okehampton TT 11/05/2010	Andy Vallance 17:16 Run Exe 5K 04/09/2012	Peter Devenport 28:21 Fulford Five 05/02/2017	Rob Kelly 35:38 Exeter 24/02/2019	Neil Barkell 42:05 Bampton to Tiverton 13/04/2009	Brennan Townshend 57:22 Templar Ten 05/11/2017	Matt Pitson 1:16:42 Exeter 11/02/2017	Andy Vallance 2:01:56 Granite Way 20 15/03/2015	Matt Pitson 2:42:51 London 23/04/2017
VET 40	Paul Crease 04:56 Okehampton TT 10/05/2012	Roger Voaden 17:33 Okehampton TT 12/08/2010	Roger Voaden 29:56 Churston Flyer 04/10/2009	Roger Voaden 36:20 Ivybridge 15/05/2010	Roger Voaden 43:44 Treggy 7 06/09/2009	Roger Voaden 59:20 Plymouth Hoe 10 15/02/2009	Roger Voaden 1:19:47 Ruby Run 13/06/2010	Roger Voaden 2:09:16 Duchy 20 08/03/2009	Roger Voaden 2:52:24 London 25/04/2010
VET 45	R Voaden/ A Vernon 04:59 Okehampton TT 8/5/12 / 11/7/13	Roger Voaden 17:32 Okehampton TT 02/06/2011	Roger Voaden 28:56 Fulfords Five 02/02/2014	Roger Voaden 36:19 Bideford 13/05/2012	Roger Voaden 43:02 Treggy 7 01/09/2013	Roger Voaden 59:44 Plymouth Hoe 10 20/02/2011	Roger Voaden 1:17:33 Bideford 06/03/2011	Roger Voaden 2:08:55 Granite Way 20 15/03/2015	Roger Voaden 2:57:00 London 17/04/2011
VET 50	Andrew Vernon 05:12 Okehampton TT 12/06/2018	Roger Voaden 18:00 Run Exe r5 02/08/2016	Roger Voaden 29:17 Fulfords Five 07/02/2016	Roger Voaden 37:41 Ivybridge 07/05/2016	Roger Voaden 43:56 Treggy 7 06/09/2015	Roger Voaden 1:01:08 Bideford 06/11/2016	Roger Voaden 1:20:12 Bideford 06/03/2016	Roger Voaden 2:08:04 Granite Way 20 13/03/2016	Roger Voaden 2:55:53 London 24/04/2016
VET55	Mervyn Rice 05:27 Okehampton TT 12/07/2012	Steve Sincok 19:14 Tavy 5 K 19/01/2019	Mervyn Rice 39:44 Boconnoc Estate 15/05/2011	Steve Sincok 38:45 Exeter 24/02/2019	Mervyn Rice 51:22 Tavy 7 26/10/2014	Steve Sincok 1:05:23 Bideford 04/11/2018	Steve Sincok 1:26:28 Taunton 07/04/2019	David Way 3:12:29 Duchy 20 04/03/2012	Steve Sincok 3:08:44 Shakespeare 28/04/2019
VET 60	Mervyn Rice 05:55 Okehampton TT 18/05/17	Mervyn Rice 21:47 Okehampton RitP 02/04/2017		Mike Steward 46:03 Bideford 11/05/2014	Mervyn Rice 55:09 Tavy 7 28/10/2018	Chris Fulford-Brown 1:20:54 Granite Way 10 13/03/16	Mike Westland 1:46:48 Bideford 05/03/2017		
VET 65	Paul Evison 06:50 Okehampton TT 07/06/2018	Paul Evison 23:16 Okehampton TT 25/11/2018		Paul Evison 47:22 Bideford 12/05/2019	Ged Fitzgibbon 57:39 Tavy 7 28/10/2018	Paul Evison 1:25:35 Bideford 04/11/2018	Paul Evison 1:47:04 Taunton 07/04/2019	Paul Evison 3:03:43 Granite Way 20 24/03/2019	Paul Evison 4:07:51 Shakespeare 28/04/2019
VET 70	Dennis Thorpe 07:54 Okehampton TT 03/09/2009	Dennis Thorpe 27:39 Okehampton TT 30/07/2009	Dennis Thorpe 47:03 Colyton Fiver 22/11/2009	Dennis Thorpe 56:43 Dartmoor Vale 19/10/2009			Dennis Thorpe 2:16:04 Great West Run 03/05/2009		