OKEHAMPTON RUNNING CLUB

March 2019 Results

	Time	Race Pos	Club Pos	Age Cat	Age Cat Pos
02-03-19 Exeter Riverside parkrun					
Claudine Benstead	0:20:34	25	1	FV55	1
Sarah Marvin	0:21:03	29	2	FV45	1
03-03-19 Bideford Half Marathon					
Jeremy Tandy	1:25:37	69	1	MV40	-
Hayden Bond	1:25:39	70	2	SM	-
Steve Sincock	1:26:43	77	3	MV55	1
Andrew Vernon	1:27:31	88	4	MV50	6
Claudine Benstead	1:34:03	177	5	FV55	1
Alec Robinson	1:39:01	266	6	MV40	-
Tom Andrew	1:45:35	392	7	SM	-
Jo Bradford	1:45:40	394	8	FV45	8
Karen Vallance	1:46:26	408	9	FV45	10
Paul Evison	1:49:56	506	10	MV65	-
Monika Richards	1:59:28	734	11	FV35	-
Lucy Brint	2:03:26	806	12	FV40	-
Kate Wilson	2:05:22	832	13	FV50	-
Viki Hayer	2:05:34	840	15	FV40	-
Geraldine Walter	2:05:31	841	14	FV45	-
Lotte Smith	2:11:17	934	16	FV50	-
Jane Richardson	2:16:33	1025	17	FV65	3
Catherine Walker	2:20:02	1071	18	FV40	-
03-03-19 Duchy 20					
Robert Kelly	2:14:07	7	1	SM	2
Paul Carter	2:19:09	14	2	MV50	2
Roger Voaden	2:22:06	19	3	MV50	3
03-03-19 Run in the Park					
Elliott Hails	0:21:55	2	1	SM	1
Mike Baker	0:22:56	3	2	MV50	1
Angus Farrelly	0:24:30	4	3	SM	1
Katherine Murray	0:24:47	5	4	SL	-
Jo Teixeira	0:32:40	13	5	FV40	-
09-03-19 Exeter Riverside parkrun					
Claudine Benstead	0:21:18	33	1	FV55	1
Jane Richardson	0:28:42	231	2	FV65	1
09-03-19 Princes parkrun					
Margaret Jarvis	0:25:50	130	1	FV60	1
10-03-19 Barcelona Marathon					
Mark Hawkins	3:53:43	5845	1	MV55	-
10-03-19 The Grizzly					
Mike Baker	3:43:44	568	1	MV50	-
16-03-19 Exeter Riverside parkrun					
Claudine Benstead	0:20:55	39	1	FV55	1
Jane Richardson	0:27:55	228	2	FV65	2

17-03-19 Bath Half Marathon

Sarah Marvin	2:00:00	5921	1	FV45	-
Molly Marvin	2:00:00	5918	2	SL	-
Kate Wilson	2:01:30	5814	3	FV50	-

17-03-19 Falmouth Half Marathon

Rachael Hayden	2:13:43	428	1	SL	-

17-03-19 Weymouth Half Marathon

Liam Keen	2:19:15	782	1	SM	-

23-03-19 Deep River Trail Half Marathon

Stephen Gentle	1:47:22	4	1	SM	2
Chris Turner	2:14:36	28	2	SM	-
Jo-Anne Turner	2:31:59	71	3	FV40	3
Karen Vallance	2:31:59	72	4	FV45	4
Robert Cunnington	2:50:07	108	5	MV50	-

23-03-19 Exeter Riverside parkrun

Jane Richardson	0:29:07	218	1	FV65	1

23-03-19 Harwich parkrun

Claudine Benstead	0:20:03	4	1	FV55	1

23-03-19 Lulworth Cove Ultra

Jane Jackson	8:40:04	104	1	FV60	12

24-03-19 Forest of Dean Half Marathon

Margaret Jarvis	2:05:33	1115	1	FV60	6

24-03-19 Granite Way 10

Robert Kelly	1:00:05	2	1	SM	-
Sarah Marvin	1:15:20	22	2	FV45	-
Lu Walsh	1:27:28	54	3	FV45	-
Kathryn Volkelt-Igoe	1:38:25	84	4	FV60	-
Tracey Mills	1:42:34	99	5	FV50	-
Rachel Holland	1:42:34	100	6	FV40	-

24-03-19 Granite Way 20

Hugh Robinson	2:14:27	6	1	MV40	-
Graham Bryant	2:50:07	43	2	SM	-
Jo Bradford	2:50:07	44	3	FV45	-
Paul Evison	3:03:43	72	4	MV65	-

24-03-19 Tavy 13

Paul Carter	1:25:51	12	1	MV50	3
Chris Aylen	2:03:14	284	2	MV55	-

24-03-19 Weston Super Half Marathon

Geoffrey Hill	1:24:57	30	1	MV40	5
Mike Westland	1:49:23	392	2	MV60	5
Robert Richards	1:54:59	536	3	MV50	-

30-03-19 Barnstaple parkrun

Jim Fitton	0:27:19	95	1	MV45	-

30-03-19 Exeter Riverside parkrun

Claudine Benstead	0:20:28	30	1	FV55	1
Sarah Marvin	0:21:11	37	2	FV45	1

30-03-19 Tamar Lakes parkrun

Tom Andrew	0:24:26	38	1	SM	1

31-03-19 Cardiff Bay 10k

Hayden Bond	0:38:14	142	1	SM	-

31-03-19 Dorset Ooser

Lucy Marrison	5:05:03	137	1	FV35	-
Alison Holliday	6:24:57	231	2	FV40	-
Philip Turner	6:24:57	232	3	MV40	-

31-03-19 Yeovil Half Marathon

Liam Keen	2:17:25	1260	1	SM	-