

OKEHAMPTON RUNNING CLUB

May 2018 Results

| | Time | Race Pos | Club Pos | Age Cat | Age Cat Pos |
|--|---------|----------|----------|---------|-------------|
| 04-05-18 Round the Tree - Torrington | | | | | |
| Jo Page | 0:22:11 | 5 | 1 | SL | 2 |
| 05-05-18 Exeter Riverside parkrun | | | | | |
| Jane Richardson | 0:30:50 | 247 | 1 | FV65 | - |
| 05-05-18 Lanhydrock parkrun | | | | | |
| Mervyn Rice | 0:25:54 | 48 | 1 | MV60 | 3 |
| 05-05-18 Plym Trail Marathon | | | | | |
| Roger Voaden | 3:22:00 | 2 | 1 | MV50 | 1 |
| 05-05-18 Tamar Lakes parkrun | | | | | |
| Issy Edworthy | 0:23:18 | 28 | 1 | JL | 1 |
| 06-05-18 Hartland Hartache | | | | | |
| Emma Dean | 1:43:09 | 30 | 1 | FV40 | - |
| Jane Jones | 1:53:03 | 44 | 2 | FV55 | 3 |
| Suzanne Gratton | 2:12:23 | 72 | 3 | FV50 | - |
| Kerry Tyler | 2:22:26 | 84 | 4 | FV35 | - |
| 06-05-18 Hartland Hartbreak | | | | | |
| Margaret Jarvis | 4:25:59 | 97 | 1 | FV60 | 2 |
| Jane Jackson | 4:25:59 | 97 | 2 | FV60 | 2 |
| Christine Fritsch | 4:26:35 | 101 | 3 | FV45 | - |
| 06-05-18 Plym Trail Marathon | | | | | |
| Roger Voaden | 3:22:55 | 3 | 1 | MV50 | 1 |
| 06-05-18 Run in the Park | | | | | |
| Aec Robinson | 0:21:24 | 3 | 1 | SM | 3 |
| Sarah Marvin | 0:22:34 | 7 | 2 | FV45 | 1 |
| Jackie Dawes | 0:24:17 | 15 | 3 | FV50 | 1 |
| Karen King | 0:24:40 | 17 | 4 | FV40 | 4 |
| Gareth Williams | 0:25:00 | 18 | 5 | SM | - |
| Lucy Marrison | 0:26:36 | 20 | 6 | FV35 | - |
| Kerry Morashti | 0:31:59 | 32 | 7 | FV60 | 1 |
| 12-05-18 Ivybridge 10K | | | | | |
| Jane Richardson | 1:06:13 | 598 | 1 | FV65 | - |
| 12-05-18 Tamar Lakes parkrun | | | | | |
| MaryCarol De Zutter | 0:30:26 | 48 | 1 | FV45 | 1 |
| 13-05-18 Bristol 10K | | | | | |
| Abigail Colton | 0:52:24 | 3240 | 1 | SL | - |
| 13-05-18 Race the Tide (The Long Half Marathon) | | | | | |
| Katie Littlejohns | 2:22:26 | 11 | 1 | SL | 3 |

13-05-18 Bideford 10K

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|----------------------|---------|-----|----|------|---|
| Andrew Vernon | 0:39:57 | 34 | 1 | MV45 | 3 |
| Hayden Bond | 0:40:35 | 45 | 2 | SM | - |
| Graham Bryant | 0:42:08 | 70 | 3 | SM | - |
| Jo Page | 0:45:54 | 155 | 4 | SL | - |
| Tom Andrew | 0:48:22 | 224 | 5 | SM | - |
| Karen King | 0:48:42 | 240 | 6 | FV40 | - |
| Jo Bradford | 0:49:07 | 254 | 7 | FV45 | 5 |
| Jane Jackson | 0:49:37 | 279 | 8 | FV60 | 3 |
| Mike Westland | 0:50:47 | 330 | 9 | MV60 | - |
| Gareth Williams | 0:53:06 | 465 | 10 | SM | - |
| Geraldine Walter | 0:53:41 | 428 | 11 | FV45 | - |
| Chris Fulford-Brown | 0:55:16 | 517 | 12 | MV60 | - |
| Joanne Burrow | 0:57:38 | 626 | 13 | FV35 | - |
| Liam Keen | 0:58:51 | 707 | 14 | SM | - |
| Vicky Hall | 1:00:21 | 737 | 15 | SL | - |
| Rachael Hayden | 1:00:25 | 738 | 16 | SL | - |
| Emma-Lisa Cunningham | 1:00:26 | 796 | 17 | FV40 | - |
| Louise Dennis | 1:03:11 | 804 | 18 | FV35 | - |

16-05-18 Chase the Sun - Crystal Palace

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|-------------|---------|----|---|------|---|
| Jo Bradford | 0:23:43 | 24 | 1 | FV45 | 1 |
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19-05-18 Tavy 5Kool

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|-----------------|---------|----|---|------|---|
| Margaret Jarvis | 0:26:00 | 24 | 1 | FV60 | 2 |
| Hugh Robinson | 0:28:53 | 37 | 2 | MV40 | 3 |

19-05-18 Tamar Lakes parkrun

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|------------|---------|----|---|------|---|
| John Binns | 0:22:14 | 14 | 1 | MV50 | 3 |
| Jo Drew | 0:32:38 | 74 | 2 | FV40 | - |

20-05-18 Crediton Crunch

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|-----------------|---------|-----|---|------|---|
| Alec Robinson | 0:43:59 | 23 | 1 | MV40 | 3 |
| Jo Page | 0:48:00 | 45 | 2 | SL | - |
| Tom Andrew | 0:52:06 | 69 | 3 | SM | - |
| Caroline Wilson | 1:04:41 | 134 | 4 | FV35 | - |

20-05-18 Exeter Marathon

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|-----------------|---------|-----|---|------|---|
| Paul Carter | 3:07:45 | 23 | 1 | MV50 | 2 |
| Andrew Vallance | 3:11:33 | 33 | 2 | SM | - |
| Roger Voaden | 3:15:14 | 39 | 3 | MV50 | 3 |
| Hugh Robinson | 3:15:47 | 41 | 4 | MV40 | - |
| Andrew Thorne | 3:55:42 | 124 | 5 | MV45 | 2 |
| Anne Binns | 4:06:25 | 147 | 6 | FV50 | - |
| Geoffrey Hill | 4:42:17 | 236 | 7 | MV40 | - |

20-05-18 Plymouth Half Marathon

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|------------------|---------|------|---|------|---|
| Hayden Bond | 1:33:47 | 148 | 1 | SM | - |
| Mike Westland | 1:58:42 | 1229 | 3 | MV60 | - |
| Gareth Williams | 1:58:35 | 1336 | 2 | SM | - |
| Paul Evison | 2:00:56 | 1337 | 4 | MV65 | - |
| Cameron Whitelaw | 2:11:31 | 1875 | 5 | SM | - |
| Daniella Bryant | 3:01:01 | 3279 | 6 | SL | - |

26-05-18 Exeter Riverside parkrun

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|-----------------|---------|-----|---|------|---|
| Jane Richardson | 0:29:49 | 221 | 1 | FV65 | - |
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26-05-18 Tamar Lakes parkrun

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|---------------------|---------|----|---|------|---|
| Hayden Bond | 0:19:55 | 6 | 1 | SM | 1 |
| John Binns | 0:22:47 | 18 | 2 | MV50 | 4 |
| Issy Edworthy | 0:24:05 | 30 | 3 | JL | 1 |
| MaryCarol De Zutter | 0:29:55 | 71 | 4 | FV45 | - |
| Anne Binns | 0:33:59 | 99 | 5 | FV50 | - |

27-05-18 Edinburgh Marathon

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|-----------------|---------|------|---|------|---|
| Monika Richards | 4:01:03 | 2945 | 1 | FV35 | - |
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28-05-18 Bampton to Tiverton

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|---------|---------|----|---|----|---|
| Jo Page | 0:54:21 | 74 | 1 | SL | - |
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28-05-18 Chagford Two Hills

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|--------------------|---------|-----|---|------|---|
| Alec Robinson | 0:36:17 | 22 | 1 | MV40 | 3 |
| Robert Richards | 0:41:00 | 56 | 2 | MV50 | 7 |
| Deborah Cunningham | 1:00:29 | 155 | 3 | FV50 | 5 |