

OKEHAMPTON RUNNING CLUB

December 2018 Results

| | Time | Race Pos | Club Pos | Age Cat | Age Cat Pos |
|--|---------|----------|----------|---------|-------------|
| 01-12-18 Burrator Noir 10 mile | | | | | |
| Robert Cunnington | 2:15:01 | 78 | 1 | MV50 | - |
| 01-12-18 Exeter Riverside parkrun | | | | | |
| Jane Richardson | 0:28:50 | 168 | 1 | FV65 | 1 |
| 02-12-18 Run in the Park | | | | | |
| Lynsey King | 0:35:46 | 15 | 1 | FV40 | 7 |
| Vanessa Keast | 0:35:46 | 16 | 2 | FV40 | 8 |
| Francis Alexander | 0:40:21 | 17 | 3 | FV50 | 1 |
| 02-12-18 Valencia Marathon | | | | | |
| Monika Richards | 3:55:25 | 13018 | 1 | FV35 | - |
| 08-12-18 Exeter Riverside parkrun | | | | | |
| Molly Marvin | 0:22:27 | 56 | 1 | SL | 2 |
| Sarah Marvin | 0:22:28 | 57 | 2 | FV45 | 2 |
| Mike Steward | 0:25:40 | 115 | 3 | MV60 | 6 |
| Jane Richardson | 0:28:04 | 161 | 4 | FV65 | 2 |
| 08-12-18 Minehead parkrun | | | | | |
| Melanie Friday | 0:30:40 | 45 | 1 | FV45 | 3 |
| 09-12-18 Weston Christmas Cracker | | | | | |
| Jo Page | 0:43:30 | 85 | 1 | SL | 6 |
| 15-12-18 Race the Light | | | | | |
| Angus Farrelly | 1:20:48 | 89 | 1 | SM | - |
| 15-12-18 Sandwell Valley parkrun | | | | | |
| Jo Page | 0:20:59 | 4 | 1 | SL | 1 |
| 16-12-18 Pisa Half Marathon | | | | | |
| Kerry Morashti | 2:05:03 | 1198 | 1 | FV60 | - |
| Ruth Bushell | 2:30:02 | 1447 | 2 | FV50 | - |
| Janet White | 2:32:49 | 1459 | 3 | FV65 | - |
| 16-12-18 Pisa Marathon | | | | | |
| Jackie Dawes | 3:54:29 | 1022 | 1 | FV50 | - |
| Deborah Cunningham | 4:52:09 | 1588 | 2 | FV50 | - |
| 16-12-18 Plym Trail Marathon | | | | | |
| Roger Voaden | 3:11:55 | 3 | 1 | MV50 | - |
| Geoffrey Hill | 4:11:02 | 16 | 2 | MV40 | - |
| 16-12-18 Wellington 10K | | | | | |
| Jo Page | 0:44:09 | 45 | 1 | SL | 2 |
| 22-12-18 Exeter Riverside parkrun | | | | | |
| Jane Richardson | 0:28:09 | 168 | 1 | FV65 | 3 |

22-12-18 Extremely Jolly Race

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|----------------|---------|----|---|------|---|
| Angus Farrelly | 1:08:10 | 25 | 1 | SM | - |
| Ian Page | 1:09:10 | 28 | 2 | MV65 | - |
| Emma Dean | 1:12:40 | 41 | 3 | FV40 | - |
| Karen Vallance | 1:12:40 | 42 | 4 | FV45 | - |
| Jo Page | 1:12:40 | 43 | 5 | SL | - |

23-12-18 Portsmouth Coastal Waterside Marathon

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|-------------|---------|-----|---|------|---|
| Philip Read | 4:04:17 | 281 | 1 | MV50 | - |
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23-12-18 The Scrooge

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| Liam Keen | 2:09:54 | 173 | 1 | SM | - |
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23-12-18 Torrington Christmas Caper

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| Paul Carter | 1:12:02 | 17 | 1 | MV50 | 1 |
| Steve Sincok | 1:13:31 | 21 | 2 | MV55 | 2 |
| Jo Page | 1:17:45 | 39 | 3 | SL | 1 |
| Alec Robinson | 1:20:42 | 46 | 4 | MV40 | - |
| Hayden Bond | 1:23:40 | 64 | 5 | SM | - |
| Mike Baker | 1:24:10 | 67 | 6 | MV50 | - |
| Jean-Paul Quartier | 1:24:39 | 71 | 7 | MV45 | - |
| Jason Ewing | 1:27:22 | 83 | 8 | MV45 | - |
| Kathleen Sincok | 1:35:25 | 129 | 9 | FV50 | 7 |
| Tom Andrew | 1:51:49 | 185 | 10 | SM | - |
| Geraldine Walter | 1:51:49 | 186 | 11 | FV45 | - |
| Christine Fritsch | 1:51:49 | 187 | 12 | FV45 | - |
| Jo-Anne Turner | 1:51:49 | 188 | 13 | FV40 | - |
| Margaret Jarvis | 1:51:49 | 189 | 14 | FV60 | 6 |
| Karen King | 1:51:49 | 190 | 15 | FV40 | - |
| Gill Spinney | 2:20:26 | 253 | 16 | FV45 | - |
| Philip Spinney | 2:20:26 | 254 | 17 | MV50 | - |

25-12-18 Exeter Riverside parkrun

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|-------------------|---------|----|---|------|---|
| Jo Page | 0:20:13 | 40 | 1 | SL | 1 |
| Claudine Benstead | 0:21:28 | 59 | 2 | FV55 | 1 |

26-12-18 Beat the Fox

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|----------------|---------|-----|---|------|---|
| Jo Page | 0:22:02 | 33 | 1 | SL | 2 |
| Ian Page | 0:24:54 | 83 | 2 | MV65 | - |
| Jane Jackson | 0:29:29 | 178 | 3 | FV60 | - |
| Derek Jackson | 0:29:30 | 180 | 4 | MV60 | - |
| Philip Spinney | 0:45:47 | 483 | 5 | MV50 | - |
| Gill Spinney | 0:45:56 | 484 | 6 | FV45 | - |

29-12-18 Exeter Riverside parkrun

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|-----------------|---------|-----|---|------|---|
| Eleanor Marvin | 0:26:56 | 69 | 1 | JL | 1 |
| Molly Marvin | 0:26:57 | 70 | 2 | SL | 1 |
| Sarah Marvin | 0:26:58 | 71 | 3 | FV45 | 2 |
| Jane Richardson | 0:31:37 | 168 | 4 | FV60 | 1 |