

Westward League Cross Country 2015/16 Summary

Race	Month	Location	Club Pos.	Pos	Points	Time	Age Cat Pts	Vet Team	
Race 1	October	Plymouth							
			Ladies Race	1 Marilyn Cooper	97	105	30.20	97	53
Race 2	November	Newquay							
			Men's Race	1 Andy Vallance	47	255	34.40		
				2 Matt Pitson	56	246	35.32		
				3 Paul Crease	67	235	36.39	92	181
				4 Nick Seccombe	84	218	38.20		
				5 Stuart May	124	179	41.37	88	150
			Ladies Race	1 Deborah Marsden	29	172	24.06	99	88
Race 3	December	Exeter							
			Men's Race	1 Andy Vallance	48	253	33.35		
				2 Matt Pitson	57	244	34.27		
				3 Paul Crease	61	240	34.39	95	188
				4 Chris Turner	100	201	37.45		
				5 Stuart May	117	184	38.55	86	164
				6 Nick Seccombe	119	182	39.06		
			Ladies Race	1 Deborah Marsden	23	178	20.40	99	93
				2 Anne Binns	89	112	24.50	93	62
			U17 Male	1 Will Lamerton	3	98	17.10		
Race 4	January	Westward Ho!							
			Men's Race	1 Andy Vallance	24	278	35.08		
				2 Paul Crease	39	264	36.33	95	190
				3 Matt Pitson	44	259	37.26		
				4 Chris Turner	47	256	37.40		
				5 Nick Seccombe	52	251	38.50		
				6 Stuart May	67	236	41.20	95	175
				7 Rob Kelly	73	230	41.59		
				8 Mervyn Rice	94	209	45.33	98	157
			Ladies Race	1 Anne Binns	54	148	30.31	96	73
				2 Marilyn Cooper	70	132	33.34	97	61
3 Margaret Jarvis	79	123		35.54	96	56			
Race 5	February	Stover							
			Men's Race	1 Paul Crease	31	271	34.55	99	192
				2 Matt Pitson	37	265	35.31		
				3 Chris Turner	57	245	38.19		
				4 Nick Seccombe	72	230	41.35		
5 Stuart May	76	226		42.01	91	169			
Race 6	March	Redruth							
			Men's Race	1 Andy Vallance	23	278	30.38		
				2 Matt Pitson	29	272	31.17		
				3 Paul Crease	31	270	31.35	97	191
				4 Stuart May	46	255	34.50	95	179
				5 Tom Gill	52	249	35.49		
Team Totals							Position		
	Okehampton Mens 'A'		6124				.8/61		
	Okehampton Ladies 'A'		970				39/64		
	Okehampton Mens 'B'		857				45/61		
	Okehampton Ladies 'B'		355				48/64		
	Men's Vets		1936				16/42		
Ladies Vets		486				19/35			

Individual Results

	Pos	Points	Vet Points		age cat pts	age cat pos	
Senior Males	20	Matt Pitson (5)	1286				
	22	Paul Crease (5)	1280	942	MV40	478	4
	42	Stuart May (5)	1080	837	MV45	455	7
	45	Andy Vallance (4)	1064				
	73	Nick Seccombe (4)	881				
	104	Chris Turner (3)	702				
	235	Tom Gill (1)	249				
	253	Rob Kelly (1)	230				
	277	Mervyn Rice (1)	209	157	MV55	98	.=8
Senior Females		Pos	Points				
	100	Debbie Marsden (2)	350	181	FV35	198	9
	114	Anne Binns (2)	260	135	FV50	189	10
	119	Marilyn Cooper (2)	237	114	FV55	194	6
	181	Margaret Jarvis (1)	123	56	FV55	96	.=8
	182	Claire Kelly (1)	122				
	187	Kerry Morashti (1)	117				
	190	Marilyn Ley (1)	116				
U17 Males	21	Will Lamerton (1)	98				