OKEHAMPTON RUNNING CLUB - FEMALE RECORDS

	1 MILE	5 Km	5 Mile	10 Km	7 Mile	10 Mile	Half Marathon	20 Mile	Marathon
OVERALL	Debbie Marsden 05:36 Okehampton TT 21/05/2015	Sue Walker 18:58 Taunton Triathlon 05/06/2011	Sarah Marvin 35:56 Fulfords Five 04/02/2018	Sue Walker 40:19 Bideford 16/05/2010	Katie Littlejohns 50:37 Tavy 7 22/10/2017	Katie Littlejohns 1:11:37 Bideford 05/11/2017	Karen Skye 1:32:09 Sturminster Newton 07/08/2011	Kirstin Phippard 2:41:17 Duchy 20 13/03/2011	Karen Skye 3:30:50 London 22/04/2012
UNDER 18	Molly Marvin 05:55 Okehampton TT 04/08/2016	Molly Marvin 21:26 Exeter PR 09/12/2017					Molly Marvin 1:46:53 Bideford 11/03/2018		
SENIOR	Kirstin Phippard 05:51 Okehampton TT 03/05/2011	Kirstin Phippard 20:54 Okehampton TT 10/08/2010	L.Rice/C.Mortimer 42:25 Haldon Forest Flyer 26/08/2011	Katie Littlejohns 42:43 Bideford 14/05/2017	Katie Littlejohns 50:37 Tavy 7 22/10/2017	Katie Littlejohns 1:11:37 Bideford 05/11/2017	Katie Littlejohns 1:35:39 Bideford 06/03/2016	Kirstin Phippard 2:41:17 Duchy 20 13/03/2011	Kirstin Phippard 3:41:16 London 25/04/2010
VET 35	Debbie Marsden 05:36 Okehampton TT 21/05/2015	Karen Skye 20:09 Okehampton TT 07/06/2011	Rachel Holland 54:27 Lydford Dash 5 08/07/2017	Debbie Marsden 40:26 WMAC Lyon 10/08/2015	Jo-Anne Fletcher 55:50 Tavy 7 27/10/2013	Karen Skye 1:14:27 Lanhydrock 26/06/2011	Karen Skye 1:32:09 Sturminster Newton 07/08/2011	Abby Metherell 3:09:22 Granite Way 20 15/03/2015	Karen Skye 3:30:50 London 22/04/2012
VET 40	Sue Walker 05:41 Okehampton TT 11/05/2010	Sue Walker 18:58 Taunton Triathlon 05/06/2011		Sue Walker 40:19 Bideford 16/05/2010	Rachel Short 51:42 Bampton to Tiverton 16/05/2010	Sue Walker 1:13:52 Great South Run 27/10/2013	Jo Daniel 1:36:45 Dartmoor Vale 18/10/2009	Jo Daniel 2:45:13 Duchy 20 07/03/2010	Jo Daniel 3:44:36 Duchy 13/03/2011
VET 45	Jane Jones 06:17 Okehampton TT 10/05/2012	Jackie Rice 22:52 Okehampton TT 12/08/2010	Sarah Marvin 35:56 Fulfords Five 04/02/2018	Jackie Rice 47:29 First Chance 04/01/2010	Jackie Rice 55:08 Tavy 7 08/11/2009	Jackie Dawes 1:22:03 Bideford 05/11/2017	Sarah Marvin 1:46:53 Bideford 11/03/2018	Karen Vallance 3:09:23 Granite Way 20 15/03/2015	Anne Binns 3:55:46 Edinburgh 31/05/2015
VET50	Jane Jackson 06:34 Okehampton TT 07/05/2009	Jane Jackson 22:37 Okehampton TT 04/06/2009	Jackie Dawes 39:09 Fulfords Five 04/02/2018	Jane Jackson 46:55 Bideford 17/05/2009	Katie Speak 01:02:55 Tavy 7 23/08/2169	Jane Jackson 1:18:33 Storm Force 10 23/01/2011	Jane Jones 1:46:44 White Peak 19/05/2013	Anne Binns 2:57:00 Granite Way 20 13/03/2016	Anne Binns 4:07:19 London 23/04/17
VET 55	Jane Jackson 06:18 Okehampton TT 08/05/2012	Jane Jackson 22:00 Great West 5K 06/05/2012	Jane Jackson 38:01 Torrington Back in Five 02/09/2012	Jane Jackson 45:09 Bideford 13/05/2012	Jane Jackson 56:13 Tavy 7 23/10/2011	Jane Jackson 1:18:29 Plymouth Hoe 10 19/02/2012	Jane Jackson 1:44:07 Bideford 04/03/2012	Jane Jackson 2:56:06 Duchy 20 03/03/2013	Jane Jackson 3:51:42 London 22/04/2012
VET 60	Jane Jackson 06:40 ORC TT 04/08/2017	Jane Jackson 23:31 Barnstaple PR 04/06/2016		Marilyn Cooper 49:20 First Chance 18/01/2015	Jane Jackson 01:00:40 Tavy 7 22/10/2017	Marilyn Cooper 1:25:42 Braunton 25/01/2015	Marilyn Cooper 1:50:59 Bideford 08/03/2015		Marilyn Cooper 3:59:37 London 26/04/2015
VET 65	Jane Richardson 07:58 Okehampton TT 25/05/2017	Jane Richardson 28:13 Winchester PR 24/10/2015	Janet White 58:00 Lydford Dash 5 08/07/2017	Jane Richardson 57:46 First Chance 17/01/2016	Janet White 1:11:30 Tavy 7 25/10/2015	Janet White 1:39:30 Granite Way 10 13/03/2016	Janet White 2:13:50 Bideford 06/03/2016		