

OKEHAMPTON RUNNING CLUB

July 2016 Results

	Time	Race Pos	Club Pos	Age Cat	Age Cat Pos
02-07-16 Ultimate Trails 55K					
Jane Jackson	9:33:15	237	1	FV60	-
02-07-16 Exeter Riverside ParkRun					
Jane Richardson	0:29:38	136	1	FV65	-
03-07-16 Six Moor Miles					
Ray Lawrence	0:45:39	15	1	MV45	-
Caroline Wilson	1:08:32	189	2	SL	-
Jessica Corcoran	1:17:47	237	3	FV45	-
05-07-16 Run Exe 5K Summer Series					
Matt Pitson	0:17:42	11	1	SM	1
Stuart May	0:19:31	38	2	MV45	4
09-07-16 Exeter Riverside ParkRun					
Stuart May	0:19:39	22	1	MV45	-
Chris Turner	0:21:42	48	2	SM	-
Jane Richardson	0:28:59	155	3	FV65	-
10-07-16 Otter River & Rail Run					
Charlotte Radnor	0:51:12	68	1	SL	-
16-07-16 Exeter Riverside ParkRun					
Jane Richardson	0:29:32	131	1	FV65	-
16-07-16 Haytor Heller					
Paul Crease	0:48:48	15	1	MV40	-
17-07-16 Dundee Half Marathon					
Caroline Wilson	2:00:06	320	1	SL	-
17-07-16 Cosdon Hill Fell Race					
Robert Hicks	0:30:00	1	1	SM	-
Andrew Vallance	0:30:58	3	2	SM	-
Jeremy Tandy	0:39:36	7	3	MV40	-
Matt Pitson	0:40:04	13	4	SM	-
Paul Crease	0:41:02	14	5	MV40	-
Andrew Thorne	0:44:13	17	6	MV45	-
Greg Miller	0:44:39	18	7	MV45	-
Jason Ewing	0:48:49	22	8	MV45	-
Charlotte Collyer	1:12:58	30	9	FV40	-
20-07-16 Exeter 10k					
Mark Hawkins	0:44:39	91	2	MV50	5
Chris Turner	0:40:18	46	1	SM	11
23-07-16 Exeter Riverside ParkRun					
Jane Richardson	0:30:17	140	1	FV65	-
23-07-16 The Great Escape					
Katie Littlejohns	Princetown 2:00:56	19	1	SL	-

24-07-16 Snowdonia Trail Marathon

Ray Lawrence	5:52:28	-	1	MV45	-
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30-07-16 Tywardreath Trotter

Kerry Morashti	1:17:11	270	1	FV55	-
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30-07-16 Sewerby ParkRun

Hugh Robinson	0:19:28	8	1	SM	-
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Tavistock Town Relays Results**Thursday 14th July 2016 4 x 1.1miles****Okehampton RC3**

Will Lamerton	5:01
Matt Pitson	5:25
Graham Bryant	5:44
Nick Seccombe	5:28
Time:	21:38

Position	3rd
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Okehampton RC1

Andy Vallance	5:25
Geoff Hill	5:31
Rob Hicks	5:29
Paul Crease	5:38
Time:	22:03

Position	5th
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Okehampton RC4

Nick Seccombe	5:31
Chris Turner	5:47
Jeremy Tandy	6:08
Will Lamerton	5:26
Time:	22:53

Position	7th
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Okehampton RC2

Andy Vernon	5:44
Stuart May	6:11
Paul Carter	6:09
Roger Voaden	5:45
Time:	23:50

Position	15th
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Okehampton Jake

Jess Corcoran	8:41
Emma Kelleher	8:12
Angela Hatton	9:21
Kerry Morashti	9:20
Time:	35:35

Position	67th
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